

Statement of Practices and Procedures

Eric Fulcher, M.A., PLPC, PLMFT

Dr. Matt Morris & Associates
433 Metairie Rd. #401, Metairie, LA 70005
(504)-717-6122

Qualifications: I earned a Master of Arts degree in Marriage, Couple, and Family Counseling from the University of Holy Cross in August 2024. I am a Provisional Licensed Marriage and Family Therapist (PLMFT) #PLM1573, as well as a Provisional Licensed Professional Counselor (PLPC) #PLC10470. I hold both provisional licenses with the Louisiana LPC Board of Examiners located at 11410 Lake Sherwood Ave. North Suite A, Baton Rouge, LA 70816, (225) 295-8444. The Louisiana LPC Board of Examiners has approved Dr. Roy Salgado, Ph.D., LPC-S, LMFT-S, NCC, 4123 Woodland Dr., New Orleans, LA 70131 (504-491-1034) as my LMFT and LPC Board-Approved Supervisor. Dr. Salgado is a Licensed Marriage and Family Therapist (LMFT), a Licensed Professional Counselor (LPC) and a Board-Approved Supervisor as both LMFT and LPC. Dr. Salgado will provide supervision as I work toward full licensure as a LMFT and a LPC. I may not practice independently or accept fees directly from clients as a PLMFT or PLPC.

Clients Served: I provide therapy for individuals, couples, and families. I work with children and adults.

Areas of Focus: I work with individuals, couples, and families who are dealing with a range of issues, such as anxiety, depression, relational problems, sex and intimacy issues, life transitions, family dysfunction, parent-child relationships, and others.

Counseling Relationship: I see counseling as a process in which you, the client, and I having come to understand and trust one another, work as a team to explore and define present problem situations, develop future goals for an improved life and work in a systematic fashion toward realizing those goals. The length of counseling varies from person-to-person and from situation-to-situation. As long as you are benefiting from counseling, I encourage you to continue attending sessions. Counseling is voluntary and you may stop at any time. If you feel that you are no longer benefiting from counseling or would like to stop our sessions, please feel free to discuss this with me so we can ensure that you have any referrals or resources you need. Although counseling is an extremely personal experience, it is important to realize that our relationship is a professional rather than a personal one. That means that our time together will be limited to the scheduled sessions that you have with me.

What to Expect from Therapy: I work from a systemic perspective, which means that I view clients' immediate family relationships and larger social context as being important resources in solving life's problems. This is true for individual, couple, and family therapy. Goals for therapy are always established through collaboration with the client. The overall objective for therapy is always the successful resolution of the problems that are deemed most important through the collaborative process. Depending on the client's presenting issue, I may also employ Emotionally Focused Couples Therapy (EFT) in my work with

couples, and Cognitive Behavioral Therapy (CBT) with all clients as needed. Techniques that I often employ are instruction and modeling of communication skills, family role-playing and family sculpting, genogram work, coping skills training, and between session interactive assignments. This “homework” is a vital part of the therapeutic process. The completion of homework is necessary if the client is to get the most from the therapeutic experience. Regardless of the approach that is decided upon collaboratively, you can expect a warm therapeutic relationship characterized by empathy, authenticity, and unconditional caring and acceptance.

What I Expect from Clients: Clients must make their own decisions regarding such things as marriage, separation, divorce, reconciliation, and how to set up custody and visitation (couple and family counseling). The client must also make their own decisions regarding whether they are ready to make necessary changes (individual and couple/family counseling). That is, I will help the client think through possibilities and consequences of decisions, but my Code of Ethics does not allow me to advise the client to make a specific decision. It is also up to the client to do the work necessary to find resolution to their presenting issues. Honesty and transparency, in ways that feel comfortable for the client, help to make the counseling process successful.

Code of Ethics: As a PLPC and PLMFT, I am required by law to adhere to the Codes of Conduct for practice as a PLPC and PLMFT that have been adopted by my licensing board, the Louisiana LPC Board of Examiners. A copy of these Codes of Conduct are available to you upon request. You may contact the Louisiana LPC Board of Examiners if you wish to file a disciplinary complaint regarding my practice as a PLPC or PLMFT.

Confidentiality: Material revealed in counseling will remain strictly confidential except for material shared with my LPC Board-Approved Supervisor and under the following circumstances, in accordance with state law:

1. The client signs a written release of information indicating informed consent of such release.
2. The client expresses intent to harm themselves or someone else.
3. There is reasonable suspicion of abuse or neglect against a minor child, elderly person (60 or older), or dependent adult.
4. A court order is received directing the disclosure of information.

In the event of marriage, couple, or family counseling, material obtained from an adult client individually may be shared with the client’s spouse/partner or other family members only with the client’s written permission. Any material obtained from a minor client may be shared with the client’s parent or guardian. As a PLPC/PLMFT, I may be required to audio or videotape our sessions. These will only be shared with my LPC Board-Approved Supervisor or other PLPCs/PLMFTs and may only be used for the purpose of supervision towards licensure. In order to be an ethically responsible PLPC/PLMFT, it is important for me to consult with other professionals from time to time. As such, it is my practice to meet with a “peer consultation” group. This practice is encouraged by my Code of Conduct. No identifying information is given during peer consultations.

Privileged Communication: It is my policy to assert privileged communication on behalf of the client and the right to consult with the client, if at all possible, except during an emergency,

before mandated disclosure. I will endeavor to apprise clients of all mandated disclosures as conceivable. I am required to abide by the professional practice standards for Provisional Licensed Marriage and Family Therapists and Provisional Licensed Professional Counselors as stated in Louisiana law. I do not disclose client confidences and information to any third party, except for materials shared during supervision, without a client's written consent or waiver except when mandated or permitted by law. Verbal authorization will not be sufficient except in emergency situations. State law mandates that I report to the proper authorities suspected cases of child abuse/neglect, elder abuse/neglect, or disabled adult abuse/neglect and instances of danger to self or others when reasonably necessary to protect the client or other parties from a clear and imminent threat of serious physical harm. Also note that certain types of litigation (such as child custody suits) may lead to court-ordered release of information without your consent. When working with couples, families, and/or groups, I cannot disclose any information outside of the treatment context without a written authorization from all individuals competent to sign such authorization. For example, I cannot release any information about either or both spouses I have seen for marital therapy to an attorney without signed authorizations from both spouses. When working with a family or couple, information shared by individuals in sessions where other family members are not present must be held in confidence (except for mandated exceptions noted above) unless all individuals involved sign written waivers at the outset of therapy. Clients may refuse to sign such a waiver but should be advised that maintaining confidentiality for individuals during couple or family therapy could impede or even prevent a positive outcome to therapy. If an impasse results from such confidentiality, referral to another therapist might result. Dr. Salgado will monitor my work with clients, and I will review my cases with Dr. Salgado. Part of my supervision will be group supervision where other PLMFTs and PLPCs will be present. Your signature at the end of this form includes permission for audio and/or videotaping of sessions and the sharing of information from my notes. Dr. Salgado, the other PLMFTs and PLPCs, and I will maintain confidentiality of the shared information as described in this section.

After-Hours/Emergency Situations: When we are unavailable to answer calls after normal office hours, you may leave a message on the answering machine, and I will return your call as soon as possible. When an immediate response is necessary for an emergency, you may call or text 988 for the Suicide and Crisis Lifeline or visit 988lifeline.org to chat online. You may also seek help through hospital emergency facilities or by calling 911.

Fees and Offices Procedures: The fee for services for my clients at Dr. Matt Morris & Associates is \$180.00 per 50-minute session, \$270 per 80-minute session, or \$360 for a 2-hour session and is paid directly to Dr. Matt Morris & Associates. Payment for services is due at the close of each session. Payment is not accepted from insurance companies. As a PLPC/PLMFT, I may not accept payment for services directly. Appointments are typically set at the close of each session. Appointments may be scheduled, rescheduled, or canceled by contacting the practice at (504) 717-6122.

No-Show/Cancellations: A fee will be charged for all unkept appointments or cancellations within 24 hours of the session. For teletherapy sessions, if you have not joined the teletherapy call/meeting within 10 minutes of the start time, the session will be considered a no-show and you will be charged for the session according to the No-Show/Cancellation Fee Policy.

Potential Risks of Therapy: The client should be aware that counseling poses potential risks.

Changes in relationship patterns that may result from individual or family therapy may produce unpredicted and/or possibly adverse responses from other people in the client's social system. A result of both individual and family therapy may be a realization on the part of the client that there are issues that may not have surfaced prior to the onset of the therapeutic relationship.

Additional Information: I have read the Statement of Practices and Procedures of Eric Fulcher, M.A., PLMFT, PLPC and my signature below indicates my full informed consent to services provided by Eric Fulcher, M.A., PLMFT, PLPC. I am aware that Mr. Fulcher may share information with Dr. Roy Salgado, Ph.D., LMFT-S, LPC-S, NCC and other PLMFTs and PLPCs for the sole purpose of supervision toward LMFT and LPC licensure and information shared in supervision may not be used for any other purposes. I am also aware that my sessions with Eric Fulcher, M.A., PLMFT, PLPC may be audio or videotaped for the purpose of supervision.

Client Signature

Date

Client Signature

Date

Parent/Guardian Consent for Treatment of a Minor:

I, _____, give my permission for Eric Fulcher, M.A., PLPC,
(Name of parent or legal guardian)

PLMFT to conduct therapy with my _____,
(Relationship) (Name of minor)

Signature of parent or legal guardian

Date

Eric Fulcher, M.A., PLMFT, PLPC

Date

Dr. Roy Salgado, Ph.D., LMFT-S, LPC-S, NCC

Date